

## A Room With a View

Located in picturesque Haverstraw, New York, Northern Riverview is a skilled nursing and assisted living facility that also houses Northern Riverview Health Care Center. This beautiful facility offers comprehensive short-term rehabilitation and long-term skilled nursing services, not to mention panoramic views of the Hudson River. Our desirable location and multidisciplinary approach are designed to help you improve your overall well-being.

### Northern

Northern has been responding to the health care and lifestyle needs of the senior population since 1981. Our facilities and services include a premier retirement community, assisted living, skilled nursing centers, home care, Adult Day Health Centers, and community outreach. Let our highly trained, compassionate professionals help you find the right program for your needs.

## The Northern Continuum of Care includes:

### Independent Retirement Community

- FountainView at College Road

### Sub-Acute Rehab and Long Term Care

- Northern Manor Multicare Center, *Nanuet, NY*
- Northern Metropolitan, *Monsey, NY*
- Northern Riverview Health Care Center, *Haverstraw, NY*

### Assisted Living

- Northern Riverview, *Haverstraw, NY*
- The Springs at FountainView

### Community Outreach

- Resource and Referral Center
- S.N.A.P. (*Supplemental Nutritional Assistance Program*): provides nutritious kosher meals to the home-bound elderly of Rockland County

### Outpatient Rehabilitation

### Home Health Care

### Adult Day Health Centers

## Northern Riverview

89 South Route 9W ■ Haverstraw, NY 10927  
845.429.5381

Proud affiliate of

# NORTHERN

A Distinctive Collection of Retirement and Health Care Residences

[www.northernservicesgroup.org](http://www.northernservicesgroup.org)

In compliance with Federal and New York State laws, Northern does not discriminate based upon race, creed, color, age, national origin, sex, sexual preference, disability, handicap, marital status, veteran status, or any other legally protected status, sponsorship, or source of payment in the admission, retention or care of any individual.



Northern: NY State Dept. of Health licensed, fully insured and bonded.

# NORTHERN

RIVERVIEW

## Your Choice for Quality Health Care



Skilled Nursing ■ Short-Term Rehab  
Assisted Living ■ Alzheimer's Program

## Skilled Nursing

Northern Riverview offers health care and personal services for residents who require help with activities of daily living. Whether a patient is recovering from an accident, illness, or surgical procedure, Northern Riverview provides quality care to meet the individual needs of every patient. With a dedicated staff, support services, and ongoing concern for the changing needs of seniors, our focus is on improving quality of life.

## Short-term Rehabilitation

Northern Riverview's 35 bed short-term inpatient rehabilitation unit offers a seven day a week program including physical, occupational and speech therapy services. Specially trained therapists tailor treatment programs unique to each individual's needs. Our multidisciplinary therapists work with patients on activities that enhance daily living skills that ensure a safe return to the community. All physical therapies are provided in our newly upgraded rehabilitation gym.

## Respite Care

The physical, emotional and financial challenges of caring for a loved one can be overwhelming. Northern Riverview Health Care Center is pleased to offer a respite care program to provide much-needed temporary relief for the caregivers of individuals who are living at home and qualify for nursing facility care. It is easy for caregivers to neglect their own health and well-being when involved with the needs of their loved ones. At Northern, we recognize that caregivers need to be taken care of as well.

## Assisted Living

Northern's specially designed assisted living program has been developed for seniors who want to remain independent but require some assistance with daily activities. Northern Riverview affords seniors the high level of independence they have come to enjoy, along with easy access to the quality medical care they require.

### Social

- Daily activities and events
- Trips into the community for shopping and local attractions
- Group recreation programs

### Personal

- Assistance with daily activities such as bathing, dressing and grooming
- Three meals a day, plus snacks
- Housekeeping and laundry services
- 24-hour supervision

### Medical

- Medication management
- Separate, secured, specialized Alzheimer's unit
- Emergency call systems in each unit
- Northern Riverview Health Care Center
- Home Care Services available through Northern Home Care



## *essentia*<sup>®</sup>

Essentia<sup>®</sup>—A Secured Memory Impairment Neighborhood, is a structured, seven-day-a-week therapeutic activity-based program. The goal of our program is to help residents lead a meaningful life. We distinguish ourselves by offering the care that every senior deserves and the care that every family member can trust.

### Services at Northern Riverview Health Care Center include:

- Distinct short-term rehabilitation unit
- Separate physical and occupational therapy center
- Sub-acute care
- The only licensed respite beds in Rockland County
- Recreation therapy
- Stroke rehabilitation
- IV therapy
- Pain management

## Payment Options

Northern Riverview offers several payment options, including Medicare, Medicaid, most insurances and private pay.