

# Multicare for a Diverse Population

At Northern Manor, we take “multicare” seriously. We offer everything from skilled nursing to dementia care, from rehabilitation services to a State-of-the-Art Ventilator Unit, all in a beautiful, comfortable setting.

Our multidisciplinary approach offers something for everyone. Every individual is unique. Your health care needs are unique too.

## Northern

Northern has been responding to the health care and lifestyle needs of the senior population since 1981. Our facilities and services include a premier retirement community, assisted living, skilled nursing centers, home care, Adult Day Health Centers, and community outreach. Let our highly trained, compassionate professionals help you find the right program for your needs.

## The Northern Continuum of Care includes:

### Independent Retirement Community

- FountainView at College Road

### Sub-Acute Rehab and Long Term Care

- Northern Manor Multicare Center, *Nanuet, NY*
- Northern Metropolitan, *Monsey, NY*
- Northern Riverview Health Care Center, *Haverstraw, NY*

### Assisted Living

- Northern Riverview, *Haverstraw, NY*
- The Springs at FountainView

### Community Outreach

- Resource and Referral Center
- S.N.A.P. (*Supplemental Nutritional Assistance Program*): provides nutritious kosher meals to the home-bound elderly of Rockland County

### Outpatient Rehabilitation

### Home Health Care

### Adult Day Health Centers

Northern Manor Multicare Center  
199 North Middletown Road ■ Nanuet, NY 10954  
845.623.3904

Proud affiliate of

# NORTHERN

A Distinctive Collection of Retirement and Health Care Residences

[www.northernservicesgroup.org](http://www.northernservicesgroup.org)

In compliance with Federal and New York State laws, Northern does not discriminate based upon race, creed, color, age, national origin, sex, sexual preference, disability, handicap, marital status, veteran status, or any other legally protected status, sponsorship, or source of payment in the admission, retention or care of any individual.

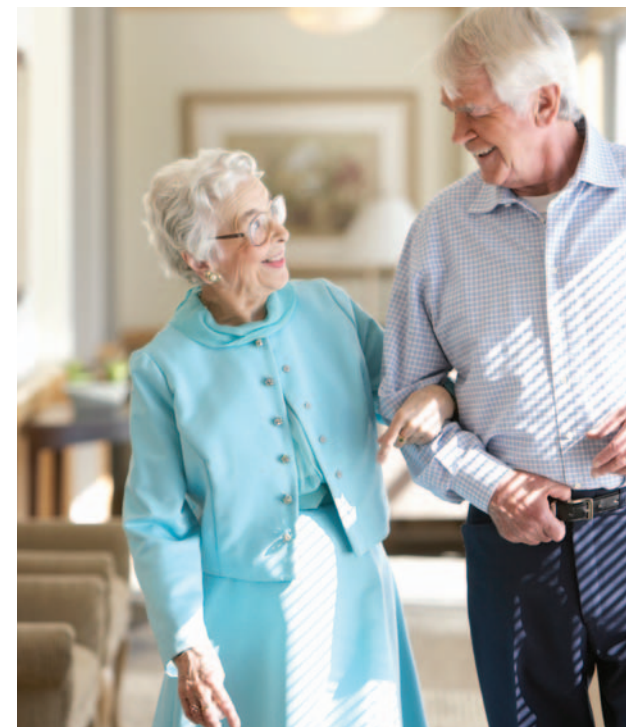


Northern: NY State Dept. of Health licensed, fully insured and bonded.

# NORTHERN

MANOR  
MULTICARE CENTER

## Your Choice for Quality Health Care



Skilled Nursing ■ Short-Term Rehab  
Ventilator Unit ■ Alzheimer's Program

## Northern Manor Skilled Nursing

Northern Manor Multicare Center offers health care and personal services for residents who require help with activities of daily living. Whether a patient is recovering from an accident, illness, or surgical procedure, Northern Manor provides quality care to meet the individual needs of every patient. With a dedicated staff, support services, and ongoing concern for the changing needs of seniors, our focus is on improving quality of life.

### Our services include:

- 24 hour skilled nursing (RNs & LPNs)
- Rehabilitation services
- Physical, occupational and speech therapy
- State-of-the-art Ventilator Unit
- IV therapy and pain management
- Therapeutic recreation for groups and individuals
- Socialization and special activities
- Consultations by specialists, dieticians, and social workers

Our highly trained, compassionate professionals are committed to honoring the dignity of our residents and respecting the need for specialized and personalized attention.

## Short-term Rehabilitation

Northern Manor's short-term rehabilitation unit offers a seven day a week program including physical, occupational and speech therapy services. Specially trained therapists tailor treatment programs to fit the unique needs of every individual. Our multidisciplinary therapists work with patients on activities that enhance daily living skills to ensure a safe return to the community.

## essentia®

Essentia®—A Secured Memory Impairment Neighborhood, is a structured, seven-day-a-week therapeutic activity-based program. The goal of our program is to help residents lead a meaningful life. We distinguish ourselves by offering the care that every senior deserves and the care that every family member can trust.

## Respite Stay

Northern Manor offers Respite Stays for those caregivers that need a break from caring for their loved one. Respite Stays at Northern Manor provides the caregiver with the peace of mind that their loved one is in good hands.



## Let Northern Manor Help You “Breathe Easier”

Individuals who require mechanical ventilation because of chronic or acute breathing problems can find relief at Northern Manor Multicare Center Ventilator Unit.

### Northern Manor offers a State-of-the-Art Ventilator Unit staffed by a team of experienced specialists:

- 24 hour respiratory therapists
- Speech therapists
- Physical therapists
- Occupational therapists
- Dieticians
- Specially trained and skilled RNs & LPNs

These caregivers all work with experienced pulmonologists to provide specialized care for residents who rely on ventilation machines.

Because no two patients are alike, we focus on the specific needs of each individual. Over the years, our personalized care has enabled patients to breathe independently and return to their normal lives.

Northern Manor's Vent Unit offers a whole new approach to caring for ventilator dependent patients. Let us improve your quality of life... and help you *breathe easier*.

## Payment Options

Northern Manor offers several payment options, including Medicare, Medicaid, most insurances private pay.