

NORTHERN

The Northern Continuum of Care
Trusted Quality Health Care





The Continuum of Care isn't just about medical services.

Northern

Northern has been responding to the changing needs of the Senior population of Rockland County and beyond for over twenty-five years. This highly respected not-for-profit group offers full apartment-living independence, to assisted living, to skilled nursing care, to Medical Model Adult Day Health Centers, to outreach programs such as Supplemental Nutrition Assistance Program (SNAP), providing meals for the elderly homebound to *essentia*®, a specialized Alzheimer's program. The Northern Continuum of Care is the result of decades of experience in offering seniors the options that are right for their needs.

But the Continuum of Care isn't just about medical services. Northern understands that enjoying one's senior years can only be achieved by living life to its fullest. Family visits, community participation and a full range of dynamic activities and trips are all an integral part of Northern's philosophy. Our unique Northern Hospitality program makes every resident and registrant feel like a guest of a 5-star hotel.

The Northern Continuum of Care



As you get older, sometimes your needs increase.

That's why Northern offers many senior lifestyle options from independent living, assisted living, skilled nursing, sub-acute, respite, medical and social adult day health care to dementia and outreach programs. We provide outstanding services to Rockland County and beyond, with a caring professional staff to meet whatever the level of need may be. Northern accepts private pay, Medicaid, Medicare and other insurances based upon services needed.

We'll help you find the right lifestyle option within our Northern family. Choosing Northern means you'll stay in familiar hands even if your needs change. That's Northern Hospitality and the Northern Continuum of Care.

Assisted Living & Independent Retirement Community



FountainView at College Road

2000 FountainView Dr.
Monsey, NY 10952
Admissions: 845.426.6757 x249
Fax: 845.426.6914

Community: Independent Retirement Community

Accommodations: One and Two Bedroom Apartments

Accepts: Private Pay

Amenities: One meal daily with wait staff service, housekeeping/maintenance service, library, fine arts, media/computer center, full vibrant activity and recreation calendar on and off site, entertainment, wellness program, fitness center with personal trainer, hair salon, transportation to local destinations, beautiful walking paths with fitness stations, dairy bistro, country store, theatre, putting green.



The Springs at FountainView

2000 FountainView Dr.
Monsey, NY 10952
Admissions: 845.426.6757 x249
Fax: 845.426.6914

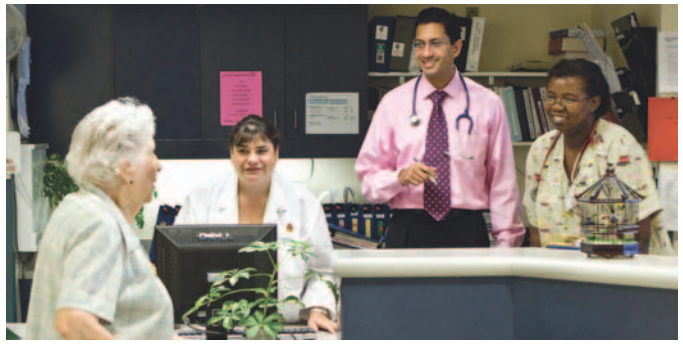
Community: Assisted Living

Accommodations: One Bedroom & Studio Suites with Kitchenette

Accepts: Private Pay

Amenities: Three meals a day and snacks, ADL and medication management services through a contract with a home care agency, emergency call systems, 24 hour security, housekeeping/laundry, full stimulating recreation calendar, theatre, entertainment, game room, music room, computer center, arts/crafts studio, hair salon, wellness program, fitness programs, beautiful walking paths with fitness stations, media/computer center, café.

Assisted Living



Northern Riverview

89 South Route 9W
Haverstraw, NY 10927
Admissions: 845.429.4300 x347
Fax: 845.429.6267

Community: Assisted Living, Essentia®

Accommodations: Semi Private and Private Rooms

Accepts: Private Pay, Medicaid, and LTC

Amenities: Three meals a day and snacks, ADL and medication management services, emergency call systems, 24 hour supervision, housekeeping/laundry, full motivating activity and recreation calendar, entertainment, library, media/computer center, arts and crafts studio, indoor gardens, country store, hair salon, fitness programs, trips to local attractions.



essentia®

Essentia® – A Secured Memory Impairment Neighborhood, is a structured, seven-day-a-week therapeutic activity-based program. The goal of our program is to help residents lead a meaningful life. We distinguish ourselves by offering the care that every senior deserves and the care that every family member can trust.

Sub-Acute, Rehabilitation and Skilled Nursing

- Occupational Therapy
- Cardiac Rehab
- Pain Management
- Social Work
- Dementia Care
- Physical Therapy
- Speech Therapy
- Hospice Care
- Recreation
- IV Therapy
- Wound Care
- Ventilator Care Unit



Northern Manor Multicare Center

199 North Middletown Rd.
Nanuet, NY 10954
Admissions: 845.623.3904 x246
Fax: 845.623.6373

Facility: Short and Long Term Rehabilitation, Nursing Care, and Ventilator Care Unit, Essentia®

Accommodations: Semi Private and Private Rooms

Participating Insurances: Private Pay, Private Insurance; Medicare, Medicaid, Fidelis and Affinity Medicaid HMO in-network, Aetna, Oxford, Workers Compensation.



Northern Riverview Health Care Center

87 South Route 9W
Haverstraw, NY 10927
Admissions: 845.429.5381 x307
Fax: 845.429.3001

Facility: Short and Long Term Rehabilitation, Nursing Care and Essentia®

Accommodations: Semi Private and Private Rooms

Participating Insurances: Private Pay, Private Insurance, Medicare, Medicaid, Fidelis and Affinity Medicaid HMO in-network Aetna, Oxford, Workers Compensation.



Northern Metropolitan

225 Maple Ave.
Monsey, NY 10952
Admissions: 845.352.9000 x247
Fax: 845.352.3166

Facility: Short and Long Term Rehabilitation, Nursing Care, Adult Day Care and Essentia®

Accommodations: Semi Private and Private Rooms

Participating Insurances: Private Pay, Private Insurance; Medicare, Medicaid, Fidelis and Affinity Medicaid HMO in-network, Aetna, Blue Cross Blue Shield, Oxford, Workers Compensation.

Specialty & Outpatient Services



Northern Manor Multicare Center Ventilator Care Unit

1999 North Middletown Rd.
Nanuet, NY 10954
Admissions: 845.623.3904

Northern Manor's Ventilator Care Unit offers a whole new approach to caring for ventilator dependent residents. Our 28 bed Vent Unit, the largest in Rockland County, combines the latest technology with a compassionate staff dedicated to improving our resident's quality of life. Designed for residents who require short-term or long-term mechanical ventilator support, our unit focuses on the specific needs of each individual with personalized care in a friendly and supportive environment.

Our multidisciplinary team of experienced specially trained caregivers is comprised of:

- Respiratory Therapists
- Nurses
- Speech Therapists
- Occupational Therapists
- Physicians
- Physical Therapists
- Dieticians



Northern Metropolitan Adult Day Health Center

225 Maple Ave.
Monsey, NY 10952
845.352.9000

Northern Metropolitan ADHC provides medical and nursing management, social and cultural activities for physically and/or cognitively challenged adults who reside at home, but would like daily support services in a safe environment. Kosher hot meals served daily. The program is from 8 a.m. to 8 p.m.



Outpatient Rehabilitation at Northern Metropolitan

225 Maple Ave.
Monsey, NY 10952
845.352.9000

Northern offers comprehensive outpatient rehabilitation services in both clinic and home based environments providing physical, occupational, speech and swallowing therapy. Our focus is to improve our registrant's quality of life and foster independence.

Located at Northern Metropolitan, our 1160 square foot newly renovated state of the art handicapped accessible Outpatient Rehabilitation Center boasts a well trained friendly staff with modern rehabilitative equipment, comfortable waiting areas and lockers. Northern will also provide rehabilitative services in the comfort of your own home with flexible appointment hours that fit your and your family's needs. Therapists will be able to tailor their goals around the specific nature of our patient's living environment.

Physical and Occupational Therapy Services:

- Ambulation Training
- Modalities for pain reduction
- Individualized strengthening, flexibility and balance programs
- Upper and lower extremity rehabilitation programs
- Self Care Management Training
- Home Environment Modifications
- Adaptive Equipment Training
- Therapeutic Modalities
- Fine motor and gross motor rehabilitation
- Splint and bracing recommendations
- Wheelchair Assessments

Speech Therapy

- Dysphagia evaluation and treatment for swallowing disorders
- Voice therapy for speaking disorders
- Cognitive therapy and retraining
- Evaluation of communication devices

Specialty & Outpatient Services



Northern Home Care

2000 FountainView Dr.
Monsey, NY 10952
845.426.6701
Fax: 845.371.8865

Provides: Medical and non-medical care in the home, hospital, assisted living, rehabilitation, and nursing home settings.

Accepts: Managed Care, Medicaid, Commercial/Private Insurance, and Private Pay.

Services: Free Nursing Assessments, Professionally Supervised Care: Medication and Case Management, Personal Care, Companion Care, Homemaking Services, Housekeeping Services, PRI Assessments and Screenings, Case Management, 24 hours/7 days a week, Hourly, Daily or Live-in Options.



Northern Adult Day Health Center Park Slope

1 Prospect Park W
Brooklyn, NY 11215
718.789.6898

An off-site medical and social model program featuring ethnic and cultural activities for physically and/or cognitively challenged adults who reside at home but would like daily support services in a safe environment, complete with hot kosher meals. Program is from 8 a.m. to 8 p.m.



SNAP: Supplemental Nutrition Assistance Program

Northern operates a meals-on-wheels program that provides qualified home bound elderly of Rockland County with nutritious and freshly prepared glatt kosher meals. This program is funded in part by New York State and Rockland County Offices for Aging, the New York State Department of Health, and grants from the Jewish Federation of Rockland County and Mazon: A Jewish Response to Hunger.

Northern Corporate Headquarters

845.356.9880

These highly respected not-for-profit companies comprise Northern. The corporate center is the result of Northern's commitment to offer the best coordinated, specialized care available. Our Resource & Referral Center helps seniors to navigate their way through the intricate maze of senior services and make the best choices possible. Our professionals review the caller's situation, suggest options and refer them to the right programs, people or locations, all free of charge. Just call 845.356.9880.

In compliance with Federal and New York State laws, Northern and their affiliates do not discriminate based upon race, creed, color, age, national origin, sex, sexual preference, disability, handicap, marital status, veteran status, or any other legally protected status, sponsorship, or source of payment in the admission, retention or care of any individual.



Northern: NY State Dept. of Health
licensed, fully insured and bonded.



A Distinctive Collection of Retirement and Health Care Residences

12 College Road

Monsey, New York 10952